

ENGADINE LEISURE CENTRE

TIMETABLE FOR THURSDAY 3 JULY

AEROBIC STUDIO	AQUA	SPIN
<div>6am: Boxing</div> <div>8:30am: Body Balance</div> <div>9:30am: Power 45</div> <div>10:30am: Rhythm Fit</div> <div>5:30pm: FX</div> <div>6:30pm: Pilates</div>	<div>8am Deep 45</div> <div>9:30am: Deep 45</div>	<div>5:45am FS/RPM</div> <div>9:15am: FS/RPM</div> <div>5:15pm: FS/RPM</div>

Classes highlighted have been moved over to Engadine from Sutherland Leisure Centre