

MAKO SHARKS SQUAD

TIMETABLE

MORNING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Swim 5:15am - 7:00am	Yoga 5:00am - 5:30am		Swim 5:15am - 7:00am	Swim 5:15am - 7:00am	
	Swim 5:30am - 7:00am				

EVENING

	Swim 4:00pm - 5:45pm	Swim 4:00pm - 5:45pm		Swim 4:00pm - 6:00pm	