

CARINGBAH LEISURE CENTRE

GROUP FITNESS TIMETABLE - JULY



Aqua

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30am	Deep 45 Robyn	Deep 45 Margaret	Deep 45 Eve	Deep 45 Margaret		Deep 45 Wendy
9:30am		Gentle 45 Margaret	Gentle 45 Eve	Gentle 45 Margaret		
6:45pm	Deep 45 Margaret					