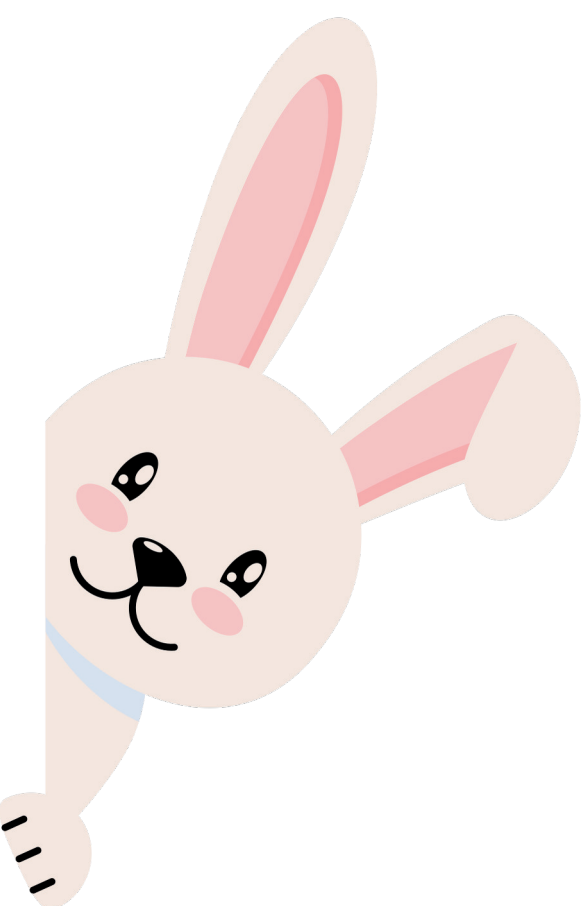


SUTHERLAND LEISURE CENTRE

EASTER GROUP FITNESS TIMETABLE

| | | | | |
|--|--|--|---|------------------------------|
| 18 APRIL 2025 GOOD FRIDAY | CLOSED - NO GROUP FITNESS CLASSES | | | |
| 19 APRIL 2025 EASTER SATURDAY | AEROBIC STUDIO 7:15am Yoga 8:15am Shapes 9:15am Body Step 10:30am Pump 5:00pm Body Balance | SPIN STUDIO 7:15am Circuit 9:15am FX 4:00pm FX | AQUA 8:00am Power 9:00am Deep 45 | SPIN 9:15am FS/RPM |
| 20 APRIL 2025 EASTER SUNDAY | 9:00am Pump 10:15am Pilates | 7:30am Circuit | 8:00am Power 9:00am Deep 45 | 8:00am FS/RPM 60 |
| 21 APRIL 2025 EASTER MONDAY | NO GROUP FITNESS CLASSES | | | |



Weekend operating hours
 Sutherland: 7am—7pm
 Engadine: 7am—7pm
 Caringbah: 7am—7pm