

# CARINGBAH LEISURE CENTRE

## GROUP FITNESS TIMETABLE - JUNE



### Aqua

|        | Monday              | Tuesday               | Wednesday        | Thursday              | Friday | Saturday         |
|--------|---------------------|-----------------------|------------------|-----------------------|--------|------------------|
| 8:30am | Deep 45<br>Robyn    | Deep 45<br>Margaret   | Deep 45<br>Eve   | Deep 45<br>Margaret   |        | Deep 45<br>Wendy |
| 9:30am |                     | Gentle 45<br>Margaret | Gentle 45<br>Eve | Gentle 45<br>Margaret |        |                  |
| 6:45pm | Deep 45<br>Margaret |                       |                  |                       |        |                  |